# NATIONAL SERVICE SCHEME

# CHRISTIAN COLLEGE, KATTAKADA

# ANNUAL REPORT

2016-2017

#### NATIONAL ENVIRONMENTAL DAY

The National Service Scheme of Christian College, Kattakada started its regular activities by planting a seedling within the College premise on 05/ 06/ 2016. This programme was inaugurated by Dr. Sunitha Rani S.P., the Principal of our College. A large number of students and staff participated along with our NSS volunteers and this programme was a great boon to the volunteers as it encouraged them to plant the saplings which we distributed to them in their premises.



The Social Forestry of Kerala State gave us 3000 saplings of different variety and another 1000 teak stems. All the volunteers took the initiative to distribute the teak stems and other seedlings to the staff and students of the College.



#### **DRAMA FEST & STREET PLAY**

A drama fest organised by our volunteers on 5<sup>th</sup> July 2016 to impart the message on the importance of Blood Donation.. It was very awesome, as they made a visual treat on the stage, and delivered on amazing show section. We conduct the programme not only to our volunteers but also to all the students of our college. On that day evening the members of the Blood Donation Forum performed a Flash Mob and performed a skit on the importance of Blood Donation.

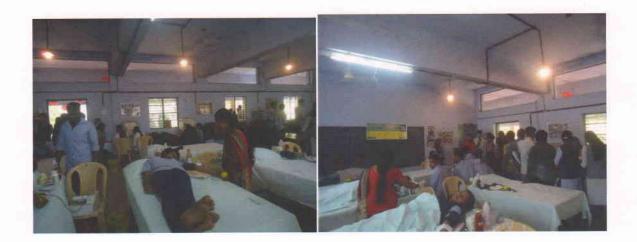


# **BLOOD DONATION CAMPEIGNS**

Before the Blood Donor's Day we conducted a seminar on the importance of blood donation on 11<sup>th</sup> June 2016 Monday. A number of volunteers participated in this programme. Dr. E. Walsalam, HOD, Department of Zoology took over the classes.



On 22<sup>nd</sup> July 2016 we conducted a blood group identification camp. Three Hundred Twenty Two new students attended and identified their blood group. After including old blood donors list along with new volunteers, prepared a Blood Donors Directory and we distributed the copies of the same to all the hospitals in Kattakada area. This directory was published by Dr. Shibu Raj, Medical College, Karakonam. We conducted a Medical camp on the same day and 103 students voluntarily donated their blood.



# INTERNATIONAL YOUTH DAY SEMINAR

A seminar was conducted for all the interested students for preparing them for social work. Dr. J.G. Muthuraj taken the classes and it was a wonderful experience for the students. Students asked questions and Muthuraj gave clarifications. It was conducted as a part of International Youth Day on 12/08/2016 Saturday. Main topic of the class was on "Terrorism."



#### **ORPHANAGE-HOSPITAL VISIT-CUM TOUR PROGRAMME**

On August 17, 2016, an orphanage-hospital visit-cum tour programme was conducted for the volunteers. Selected 60 volunteers were visited Mukkola Old-age home and had breakfast with them. On the way we visited the Govt. General Ward's 8<sup>th</sup> Block. Then we visited Veli, Shanghumugham, Kovalam etc. and return back to the College. Students mind was filled with compassion and empathy. This inculcated a felling that they could do some voluntary works for the uplift of those who are in hapless destiny.



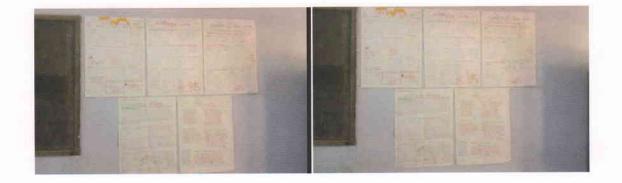
# HEALTH AWARENESS PROGRAMME

We conducted a health awareness programme for the volunteers on 7<sup>th</sup> September 2016Thursday. Dr. Lyna Das gave a valuable class on preventive measures from contagious diseases. It was a highly informative one.



#### **SPOT MAGAZINE**

An hour was only needed for our volunteers just to make Poster which filled with excellence. Poster was displayed on the front boundary wall of the College to see the public on 17<sup>th</sup> September 2016. Topic given for the Poster Competition was "Healthy Relationship for a Better Society." We selected the best two teams. Saju and Archana won the first place and Majeed and Reji got the second place. The programme was a great blessing for the students. Ten teams were participated.



### **ANTI-CORRUPTION SEMINAR**

A special seminar on Anti-corruption was held in 26/09/2016, in the Seminar Hall of our College. More than 100 students along with our volunteers actively participated in this programme. The theme of the seminar was "Arising Kerala." Mr. S.P. Sukesan, Superintendant of Police, Vigilance and Anti-Corruption, Kerala State and other police officials led the seminar. Our Principal Dr. E. Valsalakumar inaugurated the function. A lot of students raised questions in the last session of the seminar and Mr. Sukesan gave them satisfactory answers. This seminar was a highly informative one and the students made use of it.



### GANDHIJAYANTHI

Gandhi Jayanthi was celebrated by offering 'Pushparchana' by the volunteers to Bappuji on October  $2^{nd}$  2016 Monday and it was followed by a wonderful debate on the topic 'New Generation Trends' which really erupted the stage and it witnessed the real skill and creativity of volunteers in dealing good subjects. Dr. .G. Mohan took over the Classes.



As a part of Gandhi Jayanti celebration our volunteers cleaned our water tank and well cover. All volunteers enthusiastically engaged in this programme. They learned the importance of cleaning, especially water.



#### **Drawing Competition**

On 10/11/2016, a drawing competition was held on the topic "Swatch Bharat." 57 students were dynamically took part in this competition. Smt. Archa of III DC BSc got the first place and Joshila of the same class got the second place. Almost all the students' paintings were very creative.



#### WORLD NO-TOBACCO DAY

Due to the consumption of tobacco our society is facing so many problems. Hence, we made an awareness rally and fixed awareness boards against the use of tobacco in different places and bus stand at Kattakada and this programme was appreciated by the public. It was conducted on 17<sup>th</sup>

November 2016, on World No-Tobacco Day. After the rally we conducted a half-day seminar on "The Hazard of Tobacco Use." Dr. P.S. Shiburaj, Assistant Professor, SM CSI Medical College, handled the class and it was a great boon to the public.



### **POND CLEANING**

A pond cleaning programme was conducted in Kanalaruvikkulam near Kattakada on 25<sup>th</sup> November 2016, Friday. Our volunteers worked hard for making it a useful one. Panchayat President Mr. Vembannur Sasidharan inaugurated the function.



# WORLD AIDS DAY

We conducted a rally from college to Kattakada busstand 1<sup>st</sup> December 2016.Previous Kerala Youth Commission Chairman Adv. R.V. Rajesh inaugurated the function. After the ralley there was a seminar. This seminar led by Dr. Riji Rasheed.



# ANTI AIDS/HIV DRIVE

NSS volunteers gathered together to clean public places of Kattakada including Bus Stand, Police Station, Hospital etc. to curtail mosquito growth and also to impart the message that AIDS/HIV transmission is not taking place by mosquito biting on 6<sup>th</sup> December 2016 Tuesday. With one soul, all our volunteers together stood for the cleaning purpose of Kattakada town by moving the waste and eliminating the plastic. This was some innovative programme that our unit had taken and we hope that we can fulfill our dream within the stipulated time.



#### NATIONAL YOUTH DAY CELEBRATION

All the volunteers of NSS jointly decided to remove all the plastic wastes from the College campus and from the Thottampara ward. We visited the people of this vicinity and gave awareness to the importance of the removal of plastic from this planet. Volunteers take an oath against the usage of plastic. Volunteers visited all classes and gave awareness to all the students about the havoc of plastic.



Our Principal Prof. L.S. Paul Raj inaugurated the function on 12/01/2017 Thursday and this programme was a great boon to the students. The collected plastic wastes were removed with the initiative of Panchayat member Mr. Dinesan. He cooperated with us throughout the programme. This was done as a part of National Youth Day Celebration. A rally was also conducted to impart the havoc of plastic to the public. All the students and staff of the college attended it.



We celebrated Vivekananda Jayanthi as National Youth Day on 12<sup>th</sup> January 2017 afternoon. The ceremony was inaugurated by Dr. Madhavan and it was followed by an essay competition in which 28 students participated. Then paper presentation was conducted on the topic 'The Vision of Swami Vivekananda in Building a New India'. After the paper presentation, RRC volunteers asked valuable questions and Madhavan gave clarifications.



On the next day (13/01/2017, Friday) a seminar on "Plastic Pollution" was also conducted. Classes were handled by Dr. Lubaina. This seminar was hosted by PTA of our College. More than two hundred students were attended the seminar.



# **BLOOD DONATION**

Another blood donation camp was held on 18/02/2017 Monday. 96 students voluntarily donated their blood. Many students were willing to donate their blood, but because of the lack of time camp was wind up around 2.30 P.M. Blood was collected by Sree Chithra Institute, Thiruvananthapuram. A number of girls also donated blood and this programme was a great success.





#### **POSITIVE SPEAKING**

Positive Speaking Day was conducted by our RRC. Miss. D. Meena shared her experiences and she strongly advised the students about the necessity of "purity in sex and faithfulness in married life". The programme was inaugurated by the Dr. Prasanna K. Matthew on March 29<sup>th</sup> 2017 Wednesday.



#### FUND FOR TREATMENTS

We started another *sandwanam* project for helping the patients who are in need of money for treatment and we successfully doing it and we had already gave it to 18 people and the programme was inaugurated by Dr. Shaji E.S, RMO, Govt. Hosital Parassala and Dr. P.S. Raji, Anesthetist, Thycaud Hospital, Thiruvaanthapuram on 21th November 2016..



On the same day afternoon we have conducted a Seminar on Palliative Care. Rev. Justin Jose, Director, palliative care Mission, Kerala took over the class. Volunteers involved in the creative discussion in the last part of the session.

On 7<sup>th</sup> December 2016, volunteers summoned together and decided to prepare a vegetable garden within the campus and also decided to distribute grow bags in the adopted village. We selected the houses on the basis of their agricultural land. The selection process was done by our volunteers. They visited the ward and prioritized the list after sorted out the data collected by each team under the leadership of each volunteer. We gave them five grow bags each. We filled the grow bags with manure and sand and planted the best quality vegetable seedlings.

#### **Blood Donation Campaign**

¥ ."

A blood donation campaign was held on 2<sup>nd</sup> March 2017. More than 130 students willing to donate their blood, but only 67 students were selected. Blood donation campaign was conducted by the Sree Chithra Medical Institute, Thiruvananthapuram. Students were happily willing to donate the blood and this programme was a great blessing to the society and this voluntary effort encouraged the students to do these types of ventures wholeheartedly.



On March 22<sup>nd</sup> of 2017 the volunteers specially gathered together for reaping the Cheera plantation. Principal Dr. E. Valsalakumar inaugurated the function.



Programme Officers

Rev. Dr. T.B. Premjith Kumar

Smt. E. Shiji

di:

5/14/12/18

Prof. L. S. PAUL RAJ Principal in Charge Christian College Kattakada