

**CHRISTIAN COLLEGE**  
**HEALTH CLUB REPORT**  
**2018-2019**

- In association with chemistry department the health club of the college conducted one day seminar on women health and life management. The seminar discussed about the health of the women. About 120 students from various departments participated in the seminar.
- Health awareness programme were conducted by the health department in association with the health club of Christian College, Kattakada. 142 students from various departments participated in the programme. From the programme the students got a general awareness about the health. The programme discussed about the general health status of the society and suggests the remedial methods to improve the health.